

BAXTER NETBALL CLUB – COVID 19 GUIDELINES



Return to Netball Framework – June 2020

Thank you to our members for supporting Baxter Netball Club as we navigate our way safely back to the court for training and a return of competition in the near future.

The purpose of this framework is to provide our members with a clear understanding of the training and return to play protocols that all clubs must meet as directed by the National and State Governments and Victoria Dept of Health. Netball Victoria has provided guidelines, and as an affiliated club, we are required to adopt these standards to ensure we can minimise risk and provide the safest practice to resume training and commence competitions for Winter 2020.

Netball Victoria has provided all Clubs in the state with guidelines for return to play. All of the Netball Victoria documentation can be found on our club website under the COVID tab. Our club is required to adopt these guidelines and ensure our club members are educated in these guidelines. This Framework will evolve and will be updated as restrictions are lifted and we progress through the government approved Stages of Return to Play.

The BNC committee has reviewed our process and we are committed to educate members and ensure everyone understands the role they have to play. This Framework provides the roles of Players, Coaches, Committee and our training Venue (FDNA) in the CovidSafe Netball Environment.

Please read carefully through our Framework, as all members and officials will be required to adhere to and sign off that they have read and understand what is required to participate in a CovidSafe environment. We encourage you to ask questions if there is anything that you require clarification on.

Kind regards,

Baxter Netball Club Committee



Effective June 1, 2020

TRAINING REQUIREMENTS	LEVEL B - Step 1 Effective 21 May	LEVEL B - Step 2 Effective 1 June	LEVEL C Effective TBC	RETURN TO COMPETITION Effective TBC
Total participants	Groups of up to 10, plus coach and/or essential support personnel	Groups of up to 20, plus coach and/or essential support personnel	TBC by each State/Territory Authority	TBC by each State/Territory Authority
Small group training	Training up to 10 participants per group plus a coach or facilitator	Training up to 20 participants per group plus a coach or facilitator	Community sport expansion TBC by each State/Territory Authority	Community sport expansion TBC by each State/Territory Authority
Physical distancing	Maintain 1.5metre physical distancing	Maintain 1.5metre physical distancing	As per government restrictions	As per government restrictions
Equipment	"Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group. Do not use bibs."	"Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group. Do not use bibs."	"Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group. Do not use bibs."	"Unrestricted - recommend sanitising equipment after each use No sharing of whistles"
Training length	Recommended maximum 60-minutes	Recommended maximum 60-minutes	As determined by club/association	As determined by club/association
Break between sessions (to allow groups to depart/arrive without mixing, and carry out any cleaning required)	Allow 20-minutes between each group's scheduled training time.	Allow 20-minutes between each group's scheduled training time.	As determined by club/association	As determined by club/association
Participant arrival time	Do not arrive more than 15-minutes prior to the activity commencing.	Do not arrive more than 15-minutes prior to the activity commencing.	As determined by club/association	As determined by club/association
Participant departure time	Depart within 10-minutes of session completion	Depart within 10-minutes of session completion	As determined by club/association	As determined by club/association
Number of sessions per week	Reccomended one session per week	Reccomended one session per week	As determined by club/association	Unrestricted
Game day checklist	Required	Required	Required	Required
Attendance checklist	Required	Required	TBC	TBC
Non-contact drills	Permitted	Permitted	Permitted	Permitted
Contact drills	Not-Permitted	Not-Permitted	Permitted	Permitted
Other contact - handshake, huddles, high fives etc.	Not-Permitted	Not-Permitted	Not permitted	Unrestricted
Hand sanitiser available	Required	Required	Required	Recommended
First aid kit available (inclusive of rubber gloves)	Required	Required	Required	Required
Individually labelled water bottle and hand towel	Mandatory	Mandatory	Mandatory	Mandatory
Training uniform	Players' training uniform washed (warm water and detergent) after each session	Players' training uniform washed (warm water and detergent) after each session	Players' training uniform washed (warm water and detergent) after each session	Players' training uniform washed (warm water and detergent) after each session
Associations/Club/Team social events at venue	Not Permitted	Not Permitted	Not Permitted	TBC
Spectators	Not-Permitted - parent/guardian may drop off and collect child U/18 from venue.	Not-Permitted - parent/guardian may drop off and collect child U/18 from venue.	TBC	TBC

● We are currently in Level B, Step 2 Phase.

This information is aligned to the Australian Institute of Sport (AIS) Framework for Rebooting Sport in a Covid-19 Environment and the State / Territory Covid-19 Road Map.





It is important to note that any training within the 'Return to Community Netball' Levels A, B and C is not Return to Competition training. It is optional for all players and coaches. The purpose of training at these levels is about reconnection and training for physical and mental well being. NO player or coach will be penalized for non participation.

- Training with groups of up to 20, plus coach and essential personnel (It should be noted that BNC will attempt to limit training to 10 players, plus essential personnel)
- Maintain physical distancing of 1.5 metres. Training will be strictly non contact.
- Sharing of limited sports equipment, including balls, that must be sanitized before and after training.
- Players must not arrive more than 15 minutes before training
- No spectators allowed – parents guardians to drop off and collect child from venue, and encouraged to wait in car.
- Attendance check list will be kept
- Attendees must bring their own labelled water bottle and hand towel. Water fountains are NOT to be used.
- Players must wash their training uniform/clothing after each session

COMMITTEE RESPONSIBILITIES



Meeting CovidSafe protocols is a shared committee responsibility, however Baxter Netball Club has appointed Julie Innes, Club President, as our official CovidSafe Supervisor.

Committee responsibilities include the following:

- Conduct an Audit of the Jubilee Park training venue, prior to resumption of training, to ensure all Venue protocols are being followed.
- Provide member education information to all players, parents, coaches and volunteers prior to resumption of training.
- Ensure committee and coaches have completed the Covid-19 Dept of Health Infection Control Training.
- Ensure that all changes to restrictions are communicated to members, and Club Guidelines updated.
- Ensure that procedures are in place and communicated of how the club will respond to a suspected case, or reported case of Covid-19.
- Ensure attendance lists are completed for all training sessions.
- Ensure correct venue entry and exit points are known and communicated to members.
- Hygiene standards are maintained at training and games.
- Social Distancing measures are in place to maintain 1.5 m at all time at training and games.
- Wipe down goal pads at end of each training session
- Recommend that all members (or guardians) download the COVIDSafe App.

All executive committee, coaches and those volunteers participating directly in training and games, will complete the **COVID-19 Infection Control Training program** (30 minutes), prior to resumption of training.



<https://www.health.gov.au/resources/apps-and-tools/covid-19-infection-control-training>

COACH RESPONSIBILITIES FOR TRAINING



ALL coaches will be required to ensure COVIDSafe protocols are followed for their team which include:

- Responsible for supervision of team at training and games and ensuring team protocols are met. Ensure team discussions meet social distancing requirements (currently 1.5m)
- Ensure players adhere to the guidelines set by BNC to ensure we meet expectations of Government bodies and Netball Victoria.
- Ensure clear communication of the following expectations:
 - Any player or coach feeling unwell **is not** to come to training or game.
- All coaches to complete **COVID-19 Infection Control Training** – online (30 minute course provided by Govt).
- Hygiene standards to be maintained at training and games.
- Hand Sanitiser to be used on arrival to allocated court by all members.
- Balls (and any other equipment) to be wiped over with provided disinfectant wipes prior to and after training.
- Hand Sanitiser to be used by all players and officials at end of training prior to departure.
- Coaches must stay on allocated court. Coaches are not permitted to move between courts.

MEMBER PROTOCOL FOR TRAINING



GET IN, TRAIN, GET OUT

- **Current advice** permits netball training to return at “Level B – Step 2” per Netball Victoria Guidelines.
- Players are not permitted to enter the venue until 15 minutes prior to scheduled training time, upon entry follow directions to allocated court/coach.
- Arrive at courts on time and ready to train/play.
- Player to bring their own named drink bottle to games (drink fountains are not to be used).
- No sharing of drink bottles, towels or other personal items. No food to be consumed.
- Please ensure you go to the toilet at home before coming to training.
- Minimal Equipment, No Bibs, Only Non-Contact Drills permitted, 1.5m distancing, no match play or match play drills.
- Exit the courts immediately at designated finish time, proceed directly to car, no lingering after training in the carpark.
- Wash training uniform/clothing in warm water and detergent after training.

HYGIENE

- Everyone must practice good hygiene to protect against infection and prevent the virus spreading.
- **Do not** come to training or games if **unwell** or showing any symptoms of COVID-19.
- Members may be subject to temperature checks upon arrival.
- Cover your coughs and sneezes with your elbow or a clean tissue and avoid touching your eyes, nose and mouth.
- Players/Members to wash hands often with soap and water, or use hand sanitiser provided on arrival and exit of stadium, or after going to the toilet.

MEMBER PROTOCOL FOR TRAINING



PLAYER / TEAM INTERACTIONS

- Avoid unnecessary contact e.g. no hugs, no high fives.
- Team discussions should meet the social distancing requirements.
- Where possible, all players must make their best efforts to maintain at least 1.5m while training.
- Players **must stay on allocated court.**
- Players must not move between courts.
- If a ball rolls onto your court, gently kick the ball back to its correct court. Do not pick up ball.

SPECTATORS AND PARENTS

- There are **no spectators allowed** at training.
- Players must be dropped at the allocated entrance gate. Committee member will send player to their coach/allocated court.
- Parents are encouraged to remain in their cars, and **must be reachable by phone** for the duration of training.
- If your child shows symptoms of being unwell, your child will be separated from training group and kept under supervision. You will be contacted immediately to collect your child.
- Social distancing must be observed at all times.
- Parents must not enter the courts.

MEMBER PROTOCOL FOR SUSPECTED COVID-19 CASES



If a player or club official has a suspected or potential case of Covid-19 and has been tested, please adhere to the following:

- 1** Member must self-isolate and not return to training until they have presented BNC Covid-19 Supervisor with a negative result.
- 2** Contact **Julie Innes (BNC Covid-19 Supervisor) at 0497 303 932** (julie1970innes@icloud.com) as soon as possible so that decisions can be quickly made regarding training / game suspension.
- 3** Please be assured that personal information and details regarding the identity of suspected cases will kept be confidential.

VENUE RESPONSIBILITIES FOR TRAINING



VENUE	LEVEL B - Step 1 Effective 21 May	LEVEL B - Step 2 Effective TBC	LEVEL C Effective TBC	RETURN TO FULL COMPETITION & TRAINING Effective TBC
Complete Return to Community Netball Checklist	Required - use Netball Victoria template	Required - use Netball Victoria template	Required - use Netball Victoria template	TBC
Staff and volunteer education	Refer to Netball Victoria's Return to Play guidelines	Refer to Netball Victoria's Return to Play guidelines	Refer to Netball Victoria's Return to Play guidelines	As required
COVIDSafe App download	Recommended	Recommended	Recommended	As required
Designated entry and exit points	Mandatory	Mandatory	Mandatory	Unrestricted
COVID-19 signage on entry advising "DO NOT ENTER if you have any symptoms"	Mandatory	Mandatory	Mandatory	Unrestricted
Hand sanitiser on entry	Mandatory	Mandatory	Mandatory	Recommended
Physical distancing	As per government restrictions	As per government restrictions	As per government restrictions	As per government regulations
Public water fountains	Confirm access with venue management	Confirm access with venue management	Confirm access with venue management	Open
Toilets	Confirm access with venue management. To be cleaned frequently.	Confirm access with venue management. To be cleaned frequently.	To be cleaned frequently	Open and cleaned as required
Change rooms	Closed	Closed	Closed	Open and cleaned as required
Showers	Closed	Closed	Closed	Open and cleaned as required
Goal post padding	Cleaned between each session	Cleaned between each session	Cleaned between each session	TBC
Canteen/Kiosk	Closed	Closed	TBC	TBC
Vending machines	Closed	Closed	Cleaned frequently	Cleaned frequently
Clubrooms/Pavilion	Closed	Closed	Closed	Open
Playground	Closed	As per government restrictions	As per government restrictions	Open
General seating	Remove or restrict where possible	Remove or restrict where possible	TBC	Permitted
Association/Competition office	Closed	Closed	TBC	TBC

HIGHLIGHTS

- Complete 'Return to Community Training' checklist.
- Venue (FDNA Training Courts at Jubilee Park) must provide designated ENTRY and EXIT points for training and games.
- Provide Covid-19 signage "DO NOT ENTER if you have any symptoms".
- Provide Hand Sanitiser on entry.
- Regular cleaning of toilets.
- Remove or restrict seating.

ADDITIONAL COVID-19 RESOURCES:

- [**Netball Victoria - latest Covid-19 Information**](#)
- [**Victoria State Government – Return to Sport**](#)
- [**Australian Institute of Sport**](#)
- [**COVIDSafe App**](#)
- [**Department of Health and Human Services**](#)
- [**Baxter Netball Club - latest Covid-19 Information**](#)

